

The Rose Bird

A Mother's Perspective on Loving and Losing Her Daughter to Fentanyl

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Her Daughter to Fentanyl*



HELEN DAVIES

About the Book

The Rose Bird is a personal account of what goes on behind closed doors in a family coping with severe mental illness. Told as only a mother can, this is the true story of loving and losing a daughter affected by mental illness and addiction. Although author Helen Davies begins the story with the fentanyl-related death of her twenty-three-year-old daughter Katie on the streets of Kitchener, Ontario, The Rose Bird is really a tale about resilience and a family cherishing and supporting a daughter and sister in an impossible situation. By sharing the story of raising Katie through both good times and bad, Helen highlights how mental illness and addictions can affect any family, and the dearth of resources available before a situation hits a crisis point. As Helen watches her spirited, creative, animal-loving daughter slowly get drawn into life on the streets, she shares the frustration and isolation of fighting to save Katie, and the devastation this brings to her and her family.

Book Review

"Helen Davies' chronicle about parenting in the age of fentanyl guides us through an intimate journey that offers, unassumingly, as many poignant answers as it does questions. A "must read" to make sense of the slow-motion catastrophe euphemistically labeled "opioid overdose crisis", it is a tour de force of biographical craftsmanship. And, above all, of motherhood."

Prof. Daniel Vigo, MD, Lic. Psych, DrPH
British Columbia's Chief Scientific Advisor for psychiatry, toxic drugs and concurrent disorders, and Medical Lead for the Advanced Practice of Assertive Community Treatment.

For more information, please visit:

www.rosebird.ca

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